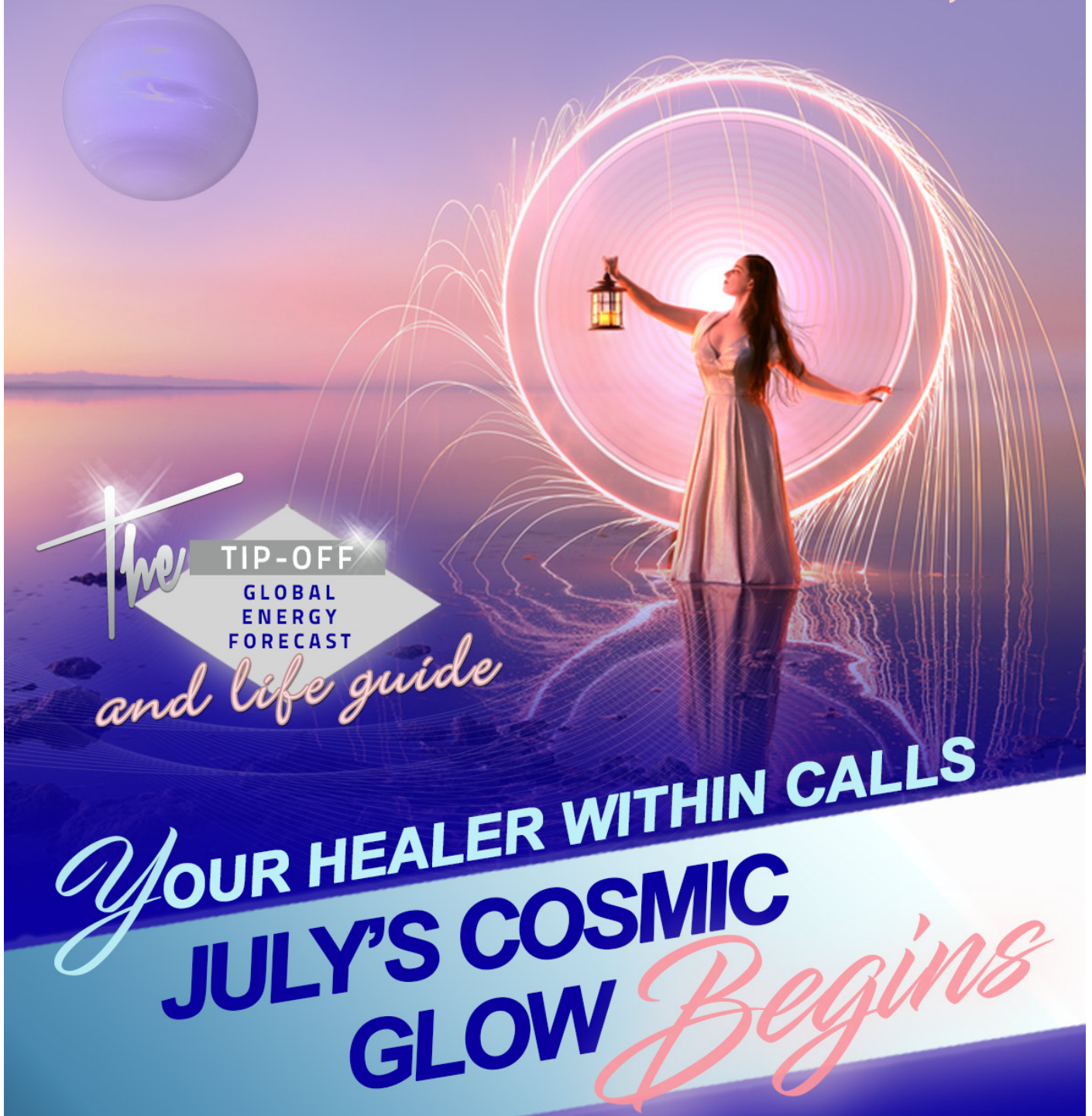


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INCLUDES: *Replay of 'The Soulful Life' and ALL-NEW July Bonuses*

JUNE 30 - JULY 6, 2023



The **TIP-OFF**
GLOBAL
ENERGY
FORECAST
and life guide

YOUR HEALER WITHIN CALLS
JULY'S COSMIC
GLOW *Begins*

JULY'S COSMIC GLOW **YOUR HEALER WITHIN CALLS**

Welcome to my *'Reflections of The Week'* for June 30 – July 6, 2023

Beautiful souls of the light, welcome to this **first edition** of The Tip-Off for July! This week, a changeover of energy is palpable. We move from a month where consolidating and moving on your changes brought on by the recent Eclipse Season was key, to a month where the **healer within** now comes to the fore.

To assist you to fully understand and integrate these energy opportunities into your life, along with this week's Tip-Off, all members receive the ALL-NEW **July Energy Overview Video**, the ALL-NEW **July Cosmic Events Guide** and an ALL-NEW Guided Meditation for **'Starseed Activations'**.

And as a **special bonus**, to celebrate my birthday month of July, the 60-minute **replay** of my recent Zoom Event (**The Soulful Life**) is **also included for all members** to enjoy. They can be found on your Tip-Off access page.

As July begins, **Neptune** moves retrograde, joining both **Pluto and Saturn** already in retrograde. Indeed, by the end of the month, **Chiron and Venus** will also be in retrograde, signaling that we're well and truly into the prolonged annual period for experiencing the helpful impact of the planetary retrogrades.

From now until January 2024, you'll be going within (often) which is also the theme of this 7 Universal Year; to rediscover the incredible potency of the soul that **you already are**. You'll be encouraged to apply yourself and to love yourself, **as you are**. That's the lesson of the retrogrades, they help you to develop a profound **appreciation** and compassion for the journey of soul.

Have a beautiful week ahead. Let's dive within and lead an enlightened life.

*Emanating the highest love to you this week, as you...**experience your soul***
Elizabeth ♡

WRITTEN FOR THE GLOBE

Each day correlates with your time zone, no matter where you live

The Tip-Off Global Energy Forecast with Elizabeth Peru

The trusted source since 2003 (see terms of use at the end of this document)

YOUR WEEK AT A GLANCE June 30 – July 6, 2023

Date	Theme of the Day	Challenges	Opportunities
Friday June 30	Neptune begins its move into retrograde	Slow down. Be considered and true	The 'Healer Within' now rises to be heard
Saturday July 1	With Neptune Retrograde, go within	Express yourself clearly. You can...	July begins with a call to honour your truth
Sunday July 2	The 'halfway point' of 2023 now arrives	Be inwardly focused for profound results	It's a day of reflection and great insight
Monday July 3	The Full Moon invokes a great healing release	Allow your inner light to grow. You can...	Venus lights up your heart and soul space
Tuesday July 4	A healing wave grounds your presence	Trust in your messages and truth	Mars lifts your self-worth. Take action!
Wednesday July 5	The Moon is closest to Earth all month	See the bigger picture. Less limits...	You're encouraged to aspire and lift higher
Thursday July 6	July's cosmic energy moves you forward	You're releasing the past. Let it all go	Mercury lends its help. Your body shifts

YOUR FULL WEEK AHEAD JUNE 30 – JULY 6, 2023

FRIDAY JUNE 30 – AN IMPRESSIVE NEPTUNE RETROGRADE

THE GLOBAL ENERGY OVERVIEW

Over the coming 24 – 30 hours, intensified cosmic energetics guide you toward the **light within**, toward soul and the acknowledgment of your divine spiritual origins; as **Neptune** is now making its annual move retrograde.

This is a long and introspective retrograde, lasting **5-months**. Over this period, you'll be deepening your awareness of who you are and why you're here. With **3-planetary bodies now in retrograde**, you're becoming more **considered**. Indeed, Neptune is '**our mystical mentor**' and as July opens up, it will be guiding much of your inner journey to ignite 'the healer within'.

Neptune radiates a high-vibration **celestial blue energy** that activates your **spiritual nature** and enhances your **dream** state. Neptune stirs within you the quest to connect with **home and the spiritual** nature of reality. Neptune represents everything that's illusive, immaterial, surreal and subjective.

From now until early December, it's your opportune period in which to further your growth and **maturity** on a spiritual level. Decide now that you'll **put aside space** to explore esoteric, metaphysical teachings and practices. Take a deep dive into your personal development, during a 5-month journey to '**find yourself**'. Also, be aware that many could easily be '**seduced by spiritual highs**' during this period. This means that you could easily get caught up in '**spiritual ideals**' forgetting to apply and action those ideals.

FORECASTED COSMIC INFLUENCES

- See all that's written above

HIGHER CONSCIOUSNESS FOCUS

- Close your eyes and breathe in and out deeply. Focusing like this (within) will give you a grand experience of your divine spiritual flow.

SATURDAY JULY 1 – RETROGRADE SEASON IS UNDERWAY

THE GLOBAL ENERGY OVERVIEW

As the weekend opens up and July begins, **Neptune** is in its annual retrograde motion relative to Earth. It's a **robust energy flow** that begins the month, with **Pluto** and **Saturn** already in retrograde, leading one to seek the deeper meaning and **solutions** behind all outer circumstances and situations. If you can set aside some space for quiet contemplation, it helps.

Now that the 7th month within a 7 Universal Year is underway, you'll immediately feel the **different energy flow** to June. Where June had you **consolidating** and actioning the changes and reforms brought on by the recent Eclipse Season, this month is all about tapping into and applying your divine, creative healing powers on a soul level. It's a soundly spiritual month.

FORECASTED COSMIC INFLUENCES

- **Mercury** is an active energetic force this weekend, radiating its presence through Earth, invoking your ability to **clearly communicate** your inner most reality. You could find that this influence prompts you to **walk your talk** and to **express yourself** with greater certainty. Indeed, you're being intuitively reminded of your innate abundance. Keep an eye out today for signs that you're accelerating. Look for signs that show how well supported you are. The **confirmations** arrive. As you acknowledge that you're a naturally creative being, **the healer** that you are arises and permeates your life. Let your inner truth flow and then apply what you pick up and **channel** from the higher realms. Remember, that life is all about **channeling**. Every day, that's what you're doing; *channeling the higher light*. You're charged with **interpreting** the light that comes through you; and that takes practice. Today's energy helps you to make positive, forward movements.

HIGHER CONSCIOUSNESS FOCUS

- You're an infinite soul of the light, with a myriad of practiced skills and wisdom to express and share during this lifetime. Acknowledge...

SUNDAY JULY 2 – THE HALFWAY POINT OF 2023

THE GLOBAL ENERGY OVERVIEW

As the first weekend of July develops and you're becoming aligned with the **deeply feminine energy flow**, it's also now the **halfway point of 2023**. Indeed, an energetic '**life re-set**' is being experienced. With **Neptune** having just moved retrograde, joining both **Pluto** and **Saturn** already in retrograde, you're being organically brought into a **reflective** state of mind.

You've now experienced 6-months of what's proving to be a deeply transformational, **personal and spiritual development oriented** year of epic proportions. Back in January, I said that 2023 would be a year for 'Embracing Your Soul'. *Can you see how this theme has been unfolding and is indeed increasing?* It can feel like a confronting year for some and yet for others, you'll finally feel that you have the capacity to act in your best favour.

You've been exponentially evolving and **expanding your consciousness** in 2023. This has become more notably pronounced since early April and the onset of Eclipse Season. And with the longest or shortest day of the year (Solstice) just behind us, applying 'spiritual discernment' and a mature outlook on your path, is now your essential life tool. Look up, close your eyes and look within. Immerse into your core and your infinite resolve.

Spend some time reflecting upon the past 6-months, as you look ahead to the next 6-months. *How do you wish to define your 2023? What are you healing, implementing, progressing and learning about yourself this year?*

FORECASTED COSMIC INFLUENCES

- See all that's written above

HIGHER CONSCIOUSNESS FOCUS

- You can realign your path onto purpose by moving through this day at a **mindful pace**. Stay inwardly calm. **Be kind to yourself** and say, '*Thank you*'. You'll gain deep and satisfying insight this way.

MONDAY JULY 3 – THE FULL MOON

THE GLOBAL ENERGY OVERVIEW

As the first full week of July begins, the **Moon is full**, bringing forth high-vibration light into the night and inspiration into your life. Just as in June, having the Full Moon occur right as the new month begins, is a **positive sign** that you're being helped to **clear away the past** and open the doorway to an enhanced future reality.

With the Moon and Sun now opposite one another in our skies, this particular Full Moon is one that helps you to release and integrate the lessons of the past 6-months. Today, simply hold the intention to be grateful for the maturity and wisdom that you've applied from January to July.

FORECASTED COSMIC INFLUENCES

- **Venus** is working in tandem with the **Full Moon** to invoke a healing flow within your body of light. You could find that you're attracted to undertake **physical therapies**. Dive in as you feel called, as your body may be in need of tuning up and **recalibrating** with the light. If you've been off balance recently and out of alignment with the rhythm of life, then today's energy flow gives you a much-needed injection of **vitality**. Life moves in a spiral of ever-increasing velocity today and can present you with welcome **turning points**. If you've been holding back and waiting to take action, then look for opportunities to move. Do your best to be **open-minded** and flexible under this cosmic flow. Use this cosmic energy to power up your natural sense of **self-worth**. Own and love yourself and ask soul to arise. Your **heart space** expands.

HIGHER CONSCIOUSNESS FOCUS

- As this day begins, go into your heart (soul) and ask the Full Moon to draw out whatever you're still holding on to. See this old energy being taken into the universal light to be transmuted into a positive energy flow. As this occurs, feel your body 'becoming' lighter. Take a few deep breaths in and out and then move about your day - with purpose.

TUESDAY JULY 4 – A DEEP, GROUNDEDNESS

THE GLOBAL ENERGY OVERVIEW

Right now, the planetary alignments are in a **well-balanced** and supportive flow. This is invoking a sense of **groundedness** and nurturing within you. Nearly every sector of your life is being stimulated and upheld – all at once.

In particular, your **life purpose** is being further revealed. *Perhaps you've had repetitive messages and feelings about why you're here? Have you been acting on them? Have you been implementing the steps to both accept and to validate your reason for being?* Today's energy flow aids you in this quest. You can expect to make grand inroads in fulfilling your potential.

FORECASTED COSMIC INFLUENCES

- **Mars** is an impactful cosmic influencer as July begins. This has a grounding, **practical and intuitive impact**. You could find that soul calls you to attention. You may have the impetus (and drive) to progress **personal passions** that you've been holding back on. Now is your time; that's become clear. Soul's voice and guidance is becoming increasingly obvious, especially since Neptune moved retrograde. Your head is being called into the heart for **wise counsel** and to assure you that your forward steps are having a **positive impact**. If you find yourself 'putting yourself last', then address this. Hear yourself out. Focus within and you'll align yourself back into the moment. You'll effortlessly **steer yourself back on track** and onto the direction of your heart-based dreams. **Healing waves** are infiltrating your life this week. Soul wants you to act on your **progressive** ideas, so that you'll be on purpose. This is a day to implement your **next steps**.

HIGHER CONSCIOUSNESS FOCUS

- The cosmic forces are offering you a lift. This energy will create a smoother road ahead. You have the power to leap forth by accepting who you are, just as you are. Create forward momentum by reaffirming your value and worth. You're the master here. Remember...

WEDNESDAY JULY 5 – YOU’LL ASPIRE HIGHER

THE GLOBAL ENERGY OVERVIEW

This mid-week, a **feminine** energy tone imbues the air. If you find that your **intuitive and imaginative skills** have turned up a notch, then embrace this empowering occasion and apply those skills to the best of your abilities. If those close decide to no longer go along with you, it’s OK. Forge your own soul-led path and respect ‘everyone’ for the **choices that they make**.

You’ll find that the more you can apply what you’re good at, the greater ‘what you’re good at’ becomes and the more skilled you also become. As you aspire higher (thanks to today’s potent cosmic dynamics) you’ll witness yourself in the act on extending the fullness of soul. It’s pure magic!

FORECASTED COSMIC INFLUENCES

- **The Moon** (in its waning phase) is providing you with an amplified opportunity to envision the path ahead with a clear and unhindered view. In particular, your **Angelic Guide** is close, whispering in your ear and encouraging you to take yourself a little higher. Imagine that you’re looking down at your human life from above. *What do you see? How many solutions are available to you when you take the bigger picture view?* All you need to apply is creativity, **ingenuity** and a wider and more inclusive approach. Just imagine that there are no roadblocks to your success and that nothing stands in your way. For in reality, this is truth. **Meditate**. Ask soul to show you who you are and what your next steps are. Make deliberate conscious lifestyle choices and follow-through. This elevated energy moves you on an upward spiral.

HIGHER CONSCIOUSNESS FOCUS

- You’re being encouraged to let your true essence flow unhindered. Allow your impact to be felt. No more hiding your beauty, your talent, your skills and what you’re good at. Use any self-doubt (which is resistance) to propel you further. It’s often the people **who resist the most**, who are the ones with the **greatest potential to express**.

THURSDAY JULY 6 – JULY'S ENERGY HEATS UP

THE GLOBAL ENERGY OVERVIEW

Just before the **Power Day of 7:7**, July's planetary energy begins to amplify. You could feel the urge to take on a more **progressive** form of physical exercise and/or upgrade your nutritional requirements. If you feel the call to look after and further nurture your body, then follow it. Consider that your physical body is changing to be in direct alignment with your energy body.

This is an ideal energy period for taking positive, forward action steps. You'll be rewarded, as you follow the inspired call of your heart. Your personality is more than ready and willing to take you to places that honour your most **treasured desires**. Personal responsibility is high today. As you make the brave moves that you've been wanting to, incredible doorways open for you.

FORECASTED COSMIC INFLUENCES

- **Mercury** is in a dance with other planetary bodies, imbuing you with a deeper appreciation for the journey that your human life has taken you on. Not only are you reflecting, analysing and also appreciating this human lifetime, but so too are you in awe of the myriad of travels that you've experienced on Earth and elsewhere. For indeed, as a soul, you can choose to incarnate in any dimensional reality. If you're considering furthering your **healing abilities** and practicing your psychic and clairvoyant skills, then do so. It's an ideal period in which to undertake formal study and/or to attend groups and events that will further your experience and knowledge. Draw upon your innate talents and you'll effectively advance your life. Alternatively, if you feel sad or uncertain today, it could be because you're **releasing old wounds** in **preparation for 7:7**. Everything may be coming up to the surface (all at once) to be healed, acknowledged and set free.

HIGHER CONSCIOUSNESS FOCUS

- You came into this life with every opportunity. Remind yourself of this and ask for your original soul template to come to the fore. Intend...

THE NEXT Tip-Off Forecast is ONLINE on JULY 7, 2023

SNEAK PEAK for JULY 7 - 13 Days to be detailed in the next issue:

Jul 7: It's the Power Day of 7:7. A cosmic juncture for Earth's distance from the Sun

Jul 8: It's a 22 Master Day, with a surge of cosmic activity incoming this weekend

Jul 9: As the weekend progresses, you'll feel the urge to move on your intentions

Jul 10: The Moon's halfway to new. The cosmos asks you to consider your choices

Jul 11: A plethora of opportunity arrives. Trust your intuition. Psychic vision is strong

Jul 12: You'll enter a 'New Life Room'. Possibilities open up to see your way ahead

Jul 13: A hidden matrix that reveals your sacred cosmic dance is now unveiled...

THE SHUMANN SHIFTS REPORT – EARTH'S HEARTBEAT

*The Schumann Resonance is the measurement of **peaks in the ELF** (extremely low frequency) spectrum of Earth's electromagnetic field (Earth's aura). It's Earth's heart beat and has a base frequency of **7.83 Hz**, the same as our alpha brainwave state.*

***When the Schumann Resonance AMPLIFIES**, we can become agitated, inspired, activated, headachy, tired, restless and are upshifted in consciousness. It's like turning up the volume on a stereo. Jumps in amplification can shock us awake.*

Over the past 7-days: On Thursday, June 22, just after I published The Tip-Off, the resonance spiked in amplification (several times) to the **power of 47**. Similarly on Friday, June 23, the resonance was active all day, reaching a volume to the power of **45**. And on Saturday, June 24, amplification was back down to base level, under the **power of 8** – a healing flow. On Sunday, June 25, the resonance continued to be lower in amplification, under the power of 8, before spiking in volume to the **power of 39**. Then, on Monday, June 26, the resonance was near base level in amplification, below the power of 10. On Tuesday, June 27, the resonance was lower in volume all day, before taking a significant jump to the **power of 55**. On Wednesday, June 28, the high in volume continued (you could feel it as the Super Full Moon grew) reaching a high in volume to the significant **power of 82!**

And on Thursday June 29, just as I publish The Tip-Off, the resonance is currently near base level in amplification, but it could rise as the day continues.

Over the next 7-days: As June gives way to July, a **distinct energy changeover** can be felt. We reach the halfway point of 2023 and Earth's resonant heart beat is set to be **highly active** each day. Days when the resonance could spike are, **Sunday to Monday July 2 to 3 and Wednesday July 5.**

CURRENT PLANETARY RETROGRADES

THE PLUTO RETROGRADE: (May 1/2 until October 10/11, 2023)

In summary, over five 'revealing' months, you're:

- Understanding and assimilating your darker, often hidden power
- Releasing old hurts and moving beyond your past experiences
- Clearing out and healing old, emotional wounds and triggers
- Accepting, forgiving and opening up a doorway to the future
- Becoming empowered, aligning your shadow and light for wholeness

THE SATURN RETROGRADE (June 17/18 until November 3/4, 2023)

In summary, over five 'responsible' months, you're:

- Creating an authentic occupation, career and world service platform
- Practicing responsibility; personally, publicly and in person
- Building recognition and reward from your applied personal efforts
- Experiencing divine patience, applying consistency along your life path
- Learning the art of mystical timing; when to pause and when to move
- Practicing diligence, self-discipline, commitment and discernment

THE NEPTUNE RETROGRADE (June 30/July 1 until December 6, 2023)

In summary, over five ‘spiritually-reflective’ months, you’re:

- Taking a slow trip within, connecting with your innate spiritual path
- Re-discovering your spiritual core and applying it in daily life
- You’re practically being urged to ‘walk your spiritual’ talk
- Raising your cosmic consciousness and expanding your awareness
- Allowing soul to lead you ahead. Spiritual experiences increase

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