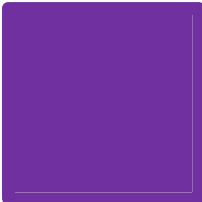




*Sustainable cultural and environmental lifestyle projects*



## The Mission

Mothers Mission Retreats (MMR) is an International Organisation founded by one of the most dynamic women you will ever meet according to a local police officer: “a Living Legend in her own right.”

With her slim build, warm welcoming smile and kind eyes, Nicoleen Carlyn Cruden (“Nikki”) is a dedicated wife and mother of 3, some see her as the “Mother Teresa of Africa” who cannot turn her back on anyone or any animal in need.

Appearances are however deceptive when one hears how she and her young son sent The Notorious Zulu “Sugar Cane Serial Killer” jumping out of the first floor of her home in sheer angst during a home invasion where the murderer made the mistake of holding a knife to her sons throat.

Being a woman of Action, Nikki, has spent most of her life caring for the destitute by growing organic vegetables in her garden and collecting surplus food, the result was an organic progression into an organisation now feeding destitute children at 6 preschools and the needy at rescue camps in South Africa.

The initiative is based on solid Christian principles and fuelled by Nikki's driven nature to find unconventional solutions to African problems. Can't is not a word in Nikki's vocabulary.

She freely shares her great wealth of knowledge regarding nature conservation, natural medicines, and healthy living promoting a holistic lifestyle where one may protect the vulnerable and tend to the well-being of mind body and spirit while growing healthy organic food God's way.

Nikki, who jokes that her Mother's Mission has been one “Mother of a Mission” has over the years gathered highly skilled people to be part of the MMR Committee.

## The Committee



Nicoleen (Nikki) Cruden  
**Founder**  
IMM Business Consultant  
Information Systems  
Certified Alternative Healer  
Environmental Educator  
Wilderness Trail Guide (FGASA)



Alfred (Fred) Faber  
**Chairman**  
**Ombudsman**  
Renewable energy  
Registered Electrical Pr Tech  
Engineer



Burt James Smit  
**Vice Chairman**  
**Inspector General**  
B.Admin, B.Soc.Sci.  
Info Science  
Professional Safety Engineer  
Fellow in Risk Management

## The Village

MMR's vision centres around a cultural village located within a private nature reserve. It is to be fully self-sustainable inclusive of own power, heating and water supply, and eco-friendly. It will be security conscious, family oriented with a range of benefits from schooling and other educational activities to medical, senior, frail and special needs care.

To address as many needs as possible a number of dwelling options can be offered to prospective residents:

- One or more 1/4 acre stands of roughly 31m x 31m available at R25 000 each\*. This will also entitle the purchaser to a share allocation. A temporary, or moveable dwelling\*\*, can be self-built or supplied at the following rates:
  - An additional R30K: a 2 bedroom shipping container house roughly 80m<sup>2</sup>, secured on a wooden deck.
  - An additional R60K: a larger 4 bedroom dwelling similar to the above.

Containers can be stacked, creating multiple storeys which makes for easy future upgrades or extensions.

Earth sheltered dwelling options will also be considered, subject to drainage considerations

- Rental options:
  - A 2 bedroom dwelling fully fitted for R2000 per month.
- A "Kibbutz" membership, including accommodation, medical care and meals, free of charge. Able bodied must contribute to the operations of the concern.



Alternatively:

- Investor Share option, effectively a silent partnership earning a return on investment.

\* Prices and dimensions are indicative only.

\*\* Such as wooden, mud/grass hut or shipping container conversion. Movable dwellings may be erected to avoid legal municipality law infringements ie. no foundations. For example a 12m shipping container conversion on concrete posts. Grass or wooden dwellings should have the necessary fire protection.

## Production

The output of the community will include as many as is feasible of the following:

- Organically farmed, pesticide-free natural food, using the principles of permaculture and other novel farming methods. Surpluses to be exported.
- Natural medicine from organic indigenous plant sources
- Handicraft and art
- Natural textiles

## Services

- Clinic and healing centre:
  - Modern and natural healing
  - Trauma counselling services
  - Prayer & meditation services
  - Animal rehabilitation
- Education & Sports
  - All activities should be a fun and rewarding for all age groups, outdoor and social events will be encouraged.
  - Education courses will offer a range of learning opportunities from classical schooling, survival and natural conservation skills such as self defense, game ranging and medicinal plant identification and preparation. Protection and respect for our natural heritage, the earth & the environment will be emphasised.
  - Bible/spiritual studies.



## How can I participate?

For enquiries & donations please contact Nikki at [mothersmissionsa@gmail.com](mailto:mothersmissionsa@gmail.com)

Donations accepted:

- Skills and experience
- Food
- Tools and Equipment
- Raw materials for dwellings and gardens