

# I-MASS

## Prevention & At Home Treatment Mass Distribution Protocol for COVID-19

### Prevention Protocol

For adults > 18 years and >40 kg/90 lbs

<b>Ivermectin</b>	18 mg – start treatment with one dose on day 1, and then repeat weekly (every 7 days)
<b>Vitamin D3</b>	2000 IU (50 mcg) daily
<b>Multivitamin</b>	1 tablet daily
<b>Digital thermometer</b>	optional (to watch the body temperature)

### Early At Home Treatment Protocol

For adults > 18 years and >40 kg/90 lbs

<b>Ivermectin</b>	24 mg – daily for 5 days In the setting of poor clinical response, advanced disease, or obesity, higher doses should be used (target 0.4–0.6 mg/kg)
<b>Melatonin</b>	6 mg at night for 5 days
<b>Aspirin (ASA)</b>	80 mg/day (unless contraindicated)
<b>Anti-septic mouth wash</b>	Three times daily (gargle do not swallow); if available

### Post-exposure Prevention

For household or close contacts of a COVID-19 patient

<b>Ivermectin</b>	18 mg – repeat dose in 48 hours
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A cooperation of the  
FLCCC Alliance with



The I-MASS protocol has been developed for Mass Distribution during regional outbreaks or in resource poor countries to lessen the impact and spread of COVID-19.

#### Ivermectin

Ivermectin has been found to have highly potent anti-viral and anti-inflammatory properties and many randomized trials and data from countries that have adopted ivermectin all show large reductions in time to recovery, hospitalizations and death. The FLCCC review paper summarizing this data has been published in the *American Journal of Therapeutics* [here](#).

Further supportive information can also be found here: [www.flccc.net/ivermectin-in-covid-19/](http://www.flccc.net/ivermectin-in-covid-19/)

**Disclaimer:** The safety of ivermectin in pregnancy has not been established. Particularly the use in the 1st trimester should be discussed with your doctor beforehand.

Further treatment protocols for COVID-19, including for hospitalized patients, can be found at [flccc.net/covid-19-protocols/](http://flccc.net/covid-19-protocols/)